

## Cost Of Living Comparism between Tema and Accra

(Last Update March 2020)

Restaurants	Tema Cost ₵	Accra Cost ₵	% Difference
Meal, Inexpensive Restaurant	10.00	25.00	+150.00
Meal for 2 People, Mid-range Restaurant, Three-course	100.00	120.00	+20.00
McMeal at McDonalds (or Equivalent Combo Meal)	22.00	40.00	+81.82
Domestic Beer (0.5 liter draught)	4.00	6.00	+50.00
Imported Beer (0.33 liter bottle)	6.00	11.00	+83.33
Cappuccino (regular)	7.00	11.11	+58.73
Coke/Pepsi (0.33 liter bottle)	3.00	3.77	+25.64
Water (0.33 liter bottle)	2.31	2.31	0.00
Markets	Cost ₵	Cost ₵	% Diff
Milk (regular), (1 liter)	11.90	11.90	0.00
Loaf of Fresh White Bread (500g)	4.50	6.35	+41.02
Rice (white), (1kg)	10.00	13.50	+35.00
Eggs (regular) (12)	9.00	13.60	+51.11
Local Cheese (1kg)	70.00	70.00	0.00
Chicken Fillets (1kg)	23.50	23.50	0.00
Beef Round (1kg) (or Equivalent Back Leg Red Meat)	34.50	34.50	0.00
Apples (1kg)	9.67	9.67	0.00
Banana (1kg)	11.90	11.90	0.00
Oranges (1kg)	8.33	8.33	0.00
Tomato (1kg)	16.00	16.00	0.00
Potato (1kg)	10.00	13.33	+33.3
Onion (1kg)	10.00	11.00	+10.00
Lettuce (1 head)	5.00	11.00	+120.00
Water (1.5 liter bottle)	2.50	5.00	+100.00
Bottle of Wine (Mid-Range)	25.00	30.00	+20.00
Domestic Beer (0.5 liter bottle)	3.00	6.33	+111.11
Imported Beer (0.33 liter bottle)	5.00	11.00	+120.00
Cigarettes 20 Pack (Marlboro)	12.00	12.00	0.00
Transportation	Cost ₵	Cost ₵	% Diff

One-way Ticket (Local Transport)		4.00	
Monthly Pass (Regular Price)		150.00	
Taxi Start (Normal Tariff)	5.00	5.00	0.00
Taxi 1km (Normal Tariff)	5.00	6.00	+20.00
Taxi 1hour Waiting (Normal Tariff)	22.50	22.50	0.00
Gasoline (1 liter)	5.00	5.27	+5.34
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	55,000.00	55,000.00	0.00
Toyota Corolla Sedan 1.6l 97kW Comfort (Or Equivalent New Car)	60,833.33	60,833.33	0.00
<b>Utilities (Monthly)</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Basic (Electricity, Heating, Cooling, Water, Garbage) for 85m2 Apartment	250.00	457.50	+83.00
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.30	0.30	0.00
Internet (60 Mbps or More, Unlimited Data, Cable/ADSL)	291.11	291.11	0.00
<b>Sports And Leisure</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Fitness Club, Monthly Fee for 1 Adult	200.00	358.33	+79.17
Tennis Court Rent (1 Hour on Weekend)		46.67	
Cinema, International Release, 1 Seat	35.00	42.50	+21.43
<b>Childcare</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Preschool (or Kindergarten), Full Day, Private, Monthly for 1 Child	900.00	900.00	0.00
International Primary School, Yearly for 1 Child	28,755.00	28,755.00	0.00
<b>Clothing And Shoes</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
1 Pair of Jeans (Levis 501 Or Similar)	148.33	148.33	0.00
1 Summer Dress in a Chain Store (Zara, H&M, ...)	156.00	156.00	0.00
1 Pair of Nike Running Shoes (Mid-Range)	250.00	250.00	0.00
1 Pair of Men Leather Business Shoes	425.00	425.00	0.00
<b>Rent Per Month</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Apartment (1 bedroom) in City Centre	3,600.00	3,787.92	+5.22
Apartment (1 bedroom) Outside of Centre	3,000.00	1,021.43	-65.95
Apartment (3 bedrooms) in City Centre	7,000.00	12,255.00	+75.07
Apartment (3 bedrooms) Outside of Centre	6,000.00	3,542.08	-40.97
<b>Buy Apartment Price</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Price per Square Meter to Buy Apartment in City Centre		9,933.98	
Price per Square Meter to Buy Apartment Outside of Centre		7,645.97	
<b>Salaries And Financing</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Average Monthly Net Salary (After Tax)	4,000.00	1,750.00	-56.25
Mortgage Interest Rate in Percentages (%), Yearly, for 20 Years Fixed-Rate	26.83	26.83	0.00

A comparative analysis from the table above shows that rent prices in Accra are 4.11% higher than in Tema. Again, restaurant prices in Accra are 61.06% higher than in Tema and groceries prices in Accra are 11.07% higher than in Tema.

## Cost Of Living Comparism between Kumasi and Accra

(Last Update March 2020)

Restaurants	Kumasi Cost ₵	Accra Cost ₵	% Difference
Meal, Inexpensive Restaurant	16.00	25.00	+56.25
Meal for 2 People, Mid-range Restaurant, Three-course	100.00	120.00	+20.00
McMeal at McDonalds (or Equivalent Combo Meal)	35.00	40.00	+14.29
Domestic Beer (0.5 liter draught)	4.00	6.00	+50.00
Imported Beer (0.33 liter bottle)	6.00	11.00	+83.33
Cappuccino (regular)	7.00	11.11	+58.73
Coke/Pepsi (0.33 liter bottle)	3.77	3.77	0.00
Water (0.33 liter bottle)	2.00	2.31	+15.69
Markets	Cost ₵	Cost ₵	% Diff
Milk (regular), (1 liter)	7.00	11.90	+70.03
Loaf of Fresh White Bread (500g)	4.50	6.35	+41.02
Rice (white), (1kg)	10.00	13.50	+35.00
Eggs (regular) (12)	10.00	13.60	+36.00
Local Cheese (1kg)	70.00	70.00	0.00
Chicken Fillets (1kg)	23.50	23.50	0.00
Beef Round (1kg) (or Equivalent Back Leg Red Meat)	15.43	34.50	+123.56
Apples (1kg)	10.00	9.67	-3.33
Banana (1kg)	8.00	11.90	+48.70
Oranges (1kg)	8.33	8.33	0.00
Tomato (1kg)	16.00	16.00	0.00
Potato (1kg)	13.33	13.33	0.00
Onion (1kg)	10.00	11.00	+10.00
Lettuce (1 head)	5.00	11.00	+120.00
Water (1.5 liter bottle)	2.50	5.00	+100.00
Bottle of Wine (Mid-Range)	25.00	30.00	+20.00
Domestic Beer (0.5 liter bottle)	6.00	6.33	+5.56
Imported Beer (0.33 liter bottle)	10.00	11.00	+10.00
Cigarettes 20 Pack (Marlboro)	12.00	12.00	0.00
Transportation	Cost ₵	Cost ₵	% Diff
One-way Ticket (Local Transport)	2.00	4.00	+100.00
Monthly Pass (Regular Price)		150.00	

Taxi Start (Normal Tariff)	5.00	5.00	0.00
Taxi 1km (Normal Tariff)	5.00	6.00	+20.00
Taxi 1hour Waiting (Normal Tariff)	22.50	22.50	0.00
Gasoline (1 liter)	4.63	5.27	+13.64
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	55,000.00	55,000.00	0.00
Toyota Corolla Sedan 1.6l 97kW Comfort (Or Equivalent New Car)	40,000.00	60,833.33	+52.08
<b>Utilities (Monthly)</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Basic (Electricity, Heating, Cooling, Water, Garbage) for 85m2 Apartment	250.00	457.50	+83.00
1 min. of Prepaid Mobile Tariff Local (No Discounts or Plans)	0.20	0.30	+50.50
Internet (60 Mbps or More, Unlimited Data, Cable/ADSL)	291.11	291.11	0.00
<b>Sports And Leisure</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Fitness Club, Monthly Fee for 1 Adult	50.00	358.33	+616.67
Tennis Court Rent (1 Hour on Weekend)		46.67	
Cinema, International Release, 1 Seat	30.00	42.50	+41.67
<b>Childcare</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Preschool (or Kindergarten), Full Day, Private, Monthly for 1 Child	900.00	900.00	0.00
International Primary School, Yearly for 1 Child	28,755.00	28,755.00	0.00 %
<b>Clothing And Shoes</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
1 Pair of Jeans (Levis 501 Or Similar)	70.00	148.33	+111.90
1 Summer Dress in a Chain Store (Zara, H&M, ...)	70.00	156.00	+122.86
1 Pair of Nike Running Shoes (Mid-Range)	250.00	250.00	0.00
1 Pair of Men Leather Business Shoes	150.00	425.00	+183.33
<b>Rent Per Month</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Apartment (1 bedroom) in City Centre		3,787.92	
Apartment (1 bedroom) Outside of Centre	350.00	1,021.43	+191.84
Apartment (3 bedrooms) in City Centre		12,255.00	
Apartment (3 bedrooms) Outside of Centre		3,542.08	
<b>Buy Apartment Price</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Price per Square Meter to Buy Apartment in City Centre		9,933.98	
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<b>Salaries And Financing</b>	<b>Cost ₺</b>	<b>Cost ₺</b>	<b>% Diff</b>
Average Monthly Net Salary (After Tax)	3,300.00	1,750.00	-46.97
Mortgage Interest Rate in Percentages (%), Yearly, for 20 Years Fixed-Rate	26.83	26.83	0.00

A comparative analysis from the Kumasi and Accra table above reveals 32.75% high in restaurant prices in Accra to Kumasi and also groceries prices in Accra are 20.37% higher than in Kumasi.

# Ghana Shippers' Authority (Shippers' list)

## Expected Time of Arrival of Vessels

VESSELNAME	AGENCY	CARGOTYPE	DESTINATION	ETA
GRANDE BUENOS AIRES	BOLLORE	CONTS/GEN/VEH/S. TIMBER	Takoradi	07/04/2020
NORTHERN OCEAN	CTR SARL	IFO	Takoradi	07/04/2020
MSM DOLORES	OMA GH	IMDG CONTAINERS	Takoradi	07/04/2020
AP DRZIC	SMG	OILWELL EQUIPMENT	Takoradi	06/04/2020
MV ARGO	HB	AMMONIUM NITRATE	Takoradi	02/04/2020
MP ULTRAMAX 1	HB	CLINKER	Takoradi	01/04/2020
HSL PORTO	MGL	CONTAINERS	Takoradi	01/04/2020
PANOFI DISCOVERER	ASANTE FISH	BULK FROZEN TUNA	Takoradi	31/03/2020
CONTI PERIDOT	MARINE & ENERGY SERVICES	BULK SUGAR	Tema	30/03/2020
KAREN KNUSTEN	MACRO	INWARD CLEARANCE	Takoradi	30/03/2020

## Vessels at Berth

VESSELNAME	AGENCY	CARGOTYPE	DESTINATION	ETA
MAERSK CUANZA	MAERSK GH	CONTAINERS	Tema	27/03/2020
ATLANTIC DISCOVERER	CMA CGM	CONTAINERS	Tema	27/03/2020
RITA	CMA CGM	CONTAINERS	Tema	17/03/2020
KOTA BAKYI	PIL GH	GENERAL CARGO	Tema	17/03/2020
POSEIDON S	GLOBAL CARGO	BULK CEMENT	Tema	16/03/2020
CMA CGM LAPIS	CMA CGM	CONTAINERS	Tema	16/03/2020
MAERSK DAKAR	MAERSK GH	CONTAINERS	Tema	16/03/2020
FLAG GANGOS	GMT	IRON & STEEL	Tema	15/03/2020
BBC NEWCASTLE	MARITIME	CONTAINERS	Tema	15/03/2020
CMA CGM LAPIS	CMA CGM	CONTAINERS	Tema	15/03/2020

# Quality of Health Care Services in the Country

(Last Update March 2020)

Component of health care surveyed	Satisfaction %	Rate
Skill and competency of medical staff	75.00	High
Speed in completing examination and reports	69.00	High
Equipment for modern diagnosis and treatment	67.71	High
Accuracy and completeness in filling out reports	65.00	High
Friendliness and courtesy of the staff	72.00	High
Satisfaction with responsiveness (waiting's) in medical institutions	56.25	Moderate
Satisfaction with cost to you	51.00	Moderate
Convenience of location for you	71.88	High

These data are based on perceptions of visitors of the countries health care. If the value is 0, it means it is perceived as very low, and if the value is 100, it means it is perceived as very high.